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Dear Parent:

One of the core values of Central Baptist Church is that God designed the family as the primary place for discipleship. The Faith Path initiative exists to partner with you as you guide your child's spiritual journey one step at a time. Age appropriate kits have been created to help you leverage the best faith formation strategy for your child's stage of development. In this *Preparing for Adolescence* kit you will find practical ideas and suggested resources to help you guide your child through upcoming changes. I urge you to start today by taking the following simple steps.

STEP ONE: LEARN

We have provided a short video that explains this particular Faith Path step. You will hear from both experts and ordinary families as they describe the importance of preparing your child for adolescence and share practical suggestions from their experiences. You will also find a guide that offers practical tips and what we consider the best resources on the topic.

STEP TWO: START

To help make the process easier, this kit includes a two-part audio titled *The Talk*. We've also provided a *Frequently Asked Questions* summary from parents of early adolescents.

If your child is registered with Central Baptist Church, you will automatically receive a free age-appropriate kit in the mail at the beginning of each summer. To confirm that we have birthday information on each child, please go to cbccrossville.org and click on **MyCBC** to update your family profile.

I hope you find this kit helpful in the process of forming the faith of your child at home. Feel free to contact myself, Jennifer May or Karyn Wade to learn more or to determine if your child/children are ready for other Faith Path steps.

Warm regards.

Scott White
Associate Pastor, Central Baptist Church

